

**Maryland Orthopaedic Association Annual Meeting**  
**Scientific Program**  
**Saturday, February 21, 2026**  
**BWI Hilton**  
*(Presenters and times are subject to change.)*

6:00 am – 4:00 pm	<b>Speaker Ready Room</b>
6:30 am – 6:50 am	<b>Registration &amp; Continental Breakfast</b>
6:30 am – 4:00 pm	<b>Scientific E-Poster Presentations</b>
6:50 am – 7:00 am	<b>Welcome &amp; Course Overview</b>

**Session 1 – What's Hot - Rapid Fire Updates Part 1**

7:00 am – 7:10 am	Femoral Neck Fx: Latest Trends <i>Speaker TBD</i>
7:10 am – 7:20 am	Timing of Orthopaedic Emergencies <i>Speaker TBD</i>
7:20 am – 7:30 am	What Not to Miss: What (Not) to Do, Next Steps <i>Albert J. Aboulafia, MD, Johns Hopkins University</i>
7:30 am – 7:40 am	Shoulder Dislocations: Earlier OR? <i>Mark Slabaugh, MD, Mercy Medical Center</i>
7:40 am – 7:50 am	Meniscal Tears: Non-Op, Meniscectomy, or Repair <i>Sean Meredith, MD, University of Maryland</i>
7:50 am – 8:00 am	Clavicle Fractures: The Shifting Pendulum <i>Mohit Gilotra, MD, University of Maryland</i>
8:00 am – 8:10 am	Closed Fracture: Type and Timing of Immobilization <i>Alexandra Dunham, MD, University of Maryland</i>
8:10 am – 8:20 am	Discussion
8:20 am – 8:40 am	<i>Break with Exhibitors</i>

**Session 2 – What's Hot - Rapid Fire Updates Part 2**

8:40 am – 8:50 am	PJI: DAIR vs. 2-Stage Trends <i>Sandesh Rao, Johns Hopkins University</i>
8:50 am – 9:00 am	Press Fit or Cement? <i>James Nace, DO, Lifebridge Health</i>

9:00 am – 9:10 am	Unilateral vs. Bilateral TJA (or UKA vs. TKA) <i>Savyasachi Thakkar, MD, Johns Hopkins University</i>
9:10 am – 9:20 am	Open vs. Endoscopic Carpal Tunnel <i>Clayton Alexander, MD, Mercy Medical Center</i>
9:20 am – 9:30 am	MIS Bunion Revolution <i>Patrick Maloney, MD, Mercy Medical Center</i>
9:30 am – 9:40 am	Ankle Instability Augmentation: Internal Brace / Allograft <i>Natalie Danna, MD, University of Maryland</i>
9:40 am – 9:50 am	Radiculopathy: When to Operate <i>J. J. Jauregui, MD, University of Maryland</i>
9:50 am – 10:00 am	Discussion

*10:00 am – 10:20 am **Break with Exhibitors***

### **Session 3 – Medical Student Presentations**

Moderator: Theodora Dworak, MD, *Walter Reed National Military Medical Center*  
Babar Shafiq, MD, *Johns Hopkins University*

10:20 am – 10:23 am	162 - Remplissage Cost Effective Despite Glenoid Track in High Risk Instability <i>Rodrigo Saad Berreta, BA, University of Arizona College of Medicine Tucson</i>
10:23 am – 10:26 am	32 - Are Lag Screws Necessary in Treatment of Weber B Ankle Fractures? <i>Alyssa Schreiber, BS, Anne Arundel Medical Center</i>
10:26 am - 10:29 am	34 - Surgical Management and Functional Outcomes in Cauda Equina Syndrome <i>Sean Bae, BS, Georgetown University School of Medicine</i>
10:29 am – 10:32 am	70 - Impact of Obesity on Two-Year PROs after Arthroscopic Partial Meniscectomy <i>Gerald Kidd, BS, University of Maryland School of Medicine</i>
10:32 am – 10:35 am	113 - Postoperative Muscle Relaxants and Periprosthetic Fracture Risk after Hip Arthroplasty <i>Samuel R. Wertz, BA, George Washington University School of Medicine and Health Sciences</i>
10:35 am – 10:38 am	158 - Composite Immune Score Accurately Predicts Five-Year Soft Tissue Sarcoma Survival <i>Malcolm N. Hamilton-Hall, BA, University of Connecticut School of Medicine</i>

10:38 am – 10:41 am 187 - Cefazolin Safety in Orthopaedic Patients with Severe Penicillin Allergy  
*Diane I. Ghanem, MD, Johns Hopkins Hospital*

10:41 am – 10:44 am 167 - How Does the Time from Intraoperative Culture Harvest to Incubation Impact Culture Positivity in Orthopaedic Surgeries? A Case-Control Study  
*Amir Human Hoveidaei, MD, MSc, Rubin Institute for Advanced Orthopedics*

10:44 am – 11:00 am Questions/Discussion

#### **Session 4 – Keynote Presentations**

11:00 am – 11:10 am GBR Post-Mortem and a Look AHEAD  
*Amit Jain, MD, Johns Hopkins University*

11:10 am – 11:20 am EQIP  
*Gene Ransom, MedChi*

11:20 am – 11:30 am The Future of Orthopaedic Training  
*Dawn LaPorte, MD, Johns Hopkins University*

11:30 am – 11:45 am Discussion

#### **Session 5 – MOA Business Meeting**

11:45 am – 12:00 pm MOA Business Meeting

12:00 pm – 1:00 pm ***Lunch Break***

#### **Session 6 – Cost-Troversies in the Clinic**

Moderator: Lew Schon, MD, *Mercy Medical Center*

1:00 pm – 1:10 pm Stem Cells: Where is the Evidence?  
*Bashir Zikria, MD, Johns Hopkins University*

1:10 pm – 1:20 pm Ultrasound Guided Injections: Improved Outcomes, or Extra Hassle?  
*Duc M. Nguyen, MD, Johns Hopkins University*

1:20 pm – 1:30 pm PT: Friend or Foe?  
*Sumon Nandi, MD, University of Maryland*

1:30 pm – 1:40 pm Questions/Discussion

#### **Session 7 – Cost-Troversies in the OR**

1:40 pm – 1:50 pm Peri-Op Optimization: Is Too Much of a Good Thing a Bad Thing?  
*Nirav Patel, MD, Johns Hopkins University*

1:50 pm – 2:00 pm	TKArigato Dr. Roboto: Man vs. Machine <i>Mark Hasenauer, MD, MedStar Union Memorial</i>
2:00 pm – 2:10 pm	Preferred Vendor Contracts: Savings at What Cost? <i>Speaker TBD</i>
2:10 pm – 2:20 pm	Questions/Discussion
2:20 pm – 2:40 pm	<b><i>Break with Exhibitors</i></b>
<b><u>Session 8 – Resident/Fellow Presentations</u></b>	
Moderators: Daneil Song, MD, <i>Walter Reed National Military Medical Center</i> Philip McClure, MD, <i>Lifebridge Health</i>	
2:40 pm – 2:43 pm	114 - Hospital Bed Capacity Influences Patient Charges in Outpatient RA-TKA <i>Zhongming Chen, MD, Rubin Institute for Advanced Orthopedics</i>
2:43 pm – 2:46 pm	37 - Short and Mid-Term Outcomes for Endoscopic vs. Conventional Umbar Microdisectomy <i>Linus Lee, MD, MedStar Georgetown University Hospital</i>
2:46 pm – 2:49 pm	75 - Met Expectations and Satisfaction Two Years after Total Shoulder Arthroplasty <i>Luke Pitsenbarger, MD, University of Maryland School of Medicine</i>
2:49 pm – 2:52 pm	191 - Mised Opportunity after Hip Fracture: Consequences of Not Initiating Osteoporosis Treatment <i>Gabrielle N. Swartz, DO, Rubin Institute for Advanced Orthopedics, Lifebridge Health, Sinai Hospital</i>
2:52 pm – 2:55 pm	41 - Sleep Disorders and Patient-Reported Outcomes after Anterior Cruciate Ligament Surgery <i>Janse Schermerhorn, MD, Walter Reed National Military Medical Center</i>
2:55 pm – 2:58 pm	197 - Defining the Maltracking Pattern and Pathoanatomy of the Jumping J-Sign <i>Frederick Mun, MD, The Johns Hopkins Hospital</i>
2:58 pm – 3:01 pm	3 - PLIF and TLIF Have Lower Revision Rates than PLF in Patients with Degenerative Lumbar Spondylolisthesis <i>Theodore Quan, MD, George Washington University</i>
3:01 pm – 3:04 pm	90 - Associations between Lesion Depth and Anatomic Location in Upper Extremity Sarcomas <i>Morgan Sisk, MD, MedStar Union Memorial Hospital</i>

3:04 pm – 3:20 pm Questions/Discussion

**Session 9 – Emerging Topics**

Moderator: Frank Henn, MD, *University of Maryland*

3:20 pm – 3:30 pm AI Scribing  
*Amiethab Aiyer, MD, Johns Hopkins University*

3:30 pm – 3:40 pm Restrictive Covenants in Maryland  
*Gary Pushkin, MD, Baltimore, MD*

3:40 pm – 3:50 pm Private Equity vs. Coalition Private Practice  
*Nicholas Grosso, MD, The Centers for Advanced Orthopaedics*

3:50 pm – 4:00 pm Discussion

**Session 10 – MOA Resident Bowl**

Moderator: John V. Ingari, MD, *Lifebridge Health*

4:00 pm – 5:00 pm Invited Teams:  
*Walter Reed National Military Medical Center*  
*Johns Hopkins*  
*University of Maryland*  
*Union Memorial*  
*Lifebridge*  
*George Washington University*

5:00 pm Closing Remarks/Awards Presentations