

Maryland Orthopaedic Association Annual Meeting
Scientific Program
Saturday, February 21, 2026
BWI Hilton

(Presenters and times are subject to change.)

- 6:00 am – 4:00 pm **Speaker Ready Room**
- 6:30 am – 6:50 am **Registration & Continental Breakfast**
- 6:30 am – 4:00 pm **Scientific E-Poster Presentations**
- 6:50 am – 7:00 am **Welcome & Course Overview**

Session 1 – What’s Hot - Rapid Fire Updates Part 1

- 7:00 am – 7:10 am Femoral Neck Fx: Latest Trends
Speaker TBD
- 7:10 am – 7:20 am Timing of Orthopaedic Emergencies
Speaker TBD
- 7:20 am – 7:30 am What Not to Miss: What (Not) to Do, Next Steps
Albert J. Aboulafla, MD, Johns Hopkins University
- 7:30 am – 7:40 am Shoulder Dislocations: Earlier OR?
Mark Slabaugh, MD, Mercy Medical Center
- 7:40 am – 7:50 am Meniscal Tears: Non-Op, Meniscectomy, or Repair
Sean Meredith, MD, University of Maryland
- 7:50 am – 8:00 am Clavicle Fractures: The Shifting Pendulum
Mohit Giloira, MD, University of Maryland
- 8:00 am – 8:10 am Closed Fracture: Type and Timing of Immobilization
Alexandra Dunham, MD, University of Maryland
- 8:10 am – 8:20 am Discussion
- 8:20 am – 8:40 am *Break with Exhibitors*

Session 2 – What’s Hot - Rapid Fire Updates Part 2

- 8:40 am – 8:50 am PJI: DAIR vs. 2-Stage Trends
Sandesh Rao, Johns Hopkins University
- 8:50 am – 9:00 am Press Fit or Cement?
James Nace, DO, Lifebridge Health

- 9:00 am – 9:10 am Unilateral vs. Bilateral TJA (or UKA vs. TKA)
Savyasachi Thakkar, MD, Johns Hopkins University
- 9:10 am – 9:20 am Open vs. Endoscopic Carpal Tunnel
Clayton Alexander, MD, Mercy Medical Center
- 9:20 am – 9:30 am MIS Bunion Revolution
Patrick Maloney, MD, Mercy Medical Center
- 9:30 am – 9:40 am Ankle Instability Augmentation: Internal Brace / Allograft
Natalie Danna, MD, University of Maryland
- 9:40 am – 9:50 am Radiculopathy: When to Operate
J. J. Jauregui, MD, University of Maryland
- 9:50 am – 10:00 am Discussion

*10:00 am – 10:20 am **Break with Exhibitors***

Session 3 – Medical Student Presentations

Moderator: Theodora Dworak, MD, *Walter Reed National Military Medical Center*
Babar Shafiq, MD, *Johns Hopkins University*

- 10:20 am – 10:23 am 162 - Remplissage Cost Effective Despite Glenoid Track in High Risk Instability
Rodrigo Saad Berreta, BA, University of Arizona College of Medicine Tucson
- 10:23 am – 10:26 am 32 - Are Lag Screws Necessary in Treatment of Weber B Ankle Fractures?
Alyssa Schreiber, BS, Anne Arundel Medical Center
- 10:26 am - 10:29 am 34 - Surgical Management and Functional Outcomes in Cauda Equina Syndrome
Sean Bae, BS, Georgetown University School of Medicine
- 10:29 am – 10:32 am 70 - Impact of Obesity on Two-Year PROs after Arthroscopic Partial Meniscectomy
Gerald Kidd, BS, University of Maryland School of Medicine
- 10:32 am – 10:35 am 113 - Postoperative Muscle Relaxants and Periprosthetic Fracture Risk after Hip Arthroplasty
Samuel R. Wertz, BA, George Washington University School of Medicine and Health Sciences
- 10:35 am – 10:38 am 158 - Composite Immune Score Accurately Predicts Five-Year Soft Tissue Sarcoma Survival
Malcolm N. Hamilton-Hall, BA, University of Connecticut School of Medicine

- 10:38 am – 10:41 am 187 - Cefazolin Safety in Orthopaedic Patients with Severe Penicillin Allergy
Diane I. Ghanem, MD, Johns Hopkins Hospital
- 10:41 am – 10:44 am 167 - How Does the Time from Intraoperative Culture Harvest to Incubation Impact Culture Positivity in Orthopaedic Surgeries? A Case-Control Study
Amir Human Hoveidaei, MD, MSc, Rubin Institute for Advanced Orthopedics
- 10:44 am – 11:00 am Questions/Discussion

Session 4 – Keynote Presentations

- 11:00 am – 11:10 am GBR Post-Mortem and a Look AHEAD
Amit Jain, MD, Johns Hopkins University
- 11:10 am – 11:20 am EQIP
Gene Ransom, MedChi
- 11:20 am – 11:30 am The Future of Orthopaedic Training
Dawn LaPorte, MD, Johns Hopkins University
- 11:30 am – 11:45 am Discussion

Session 5 – MOA Business Meeting

- 11:45 am – 12:00 pm MOA Business Meeting
- 12:00 pm – 1:00 pm ***Lunch Break***

Session 6 – Cost-Troversies in the Clinic

Moderator: Lew Schon, MD, *Mercy Medical Center*

- 1:00 pm – 1:10 pm Stem Cells: Where is the Evidence?
Bashir Zikria, MD, Johns Hopkins University
- 1:10 pm – 1:20 pm Ultrasound Guided Injections: Improved Outcomes, or Extra Hassle?
Duc M. Nguyen, MD, Johns Hopkins University
- 1:20 pm – 1:30 pm PT: Friend or Foe?
Sumon Nandi, MD, University of Maryland
- 1:30 pm – 1:40 pm Questions/Discussion

Session 7 – Cost-Troversies in the OR

- 1:40 pm – 1:50 pm Peri-Op Optimization: Is Too Much of a Good Thing a Bad Thing?
Nirav Patel, MD, Johns Hopkins University

- 1:50 pm – 2:00 pm TKArigato Dr. Roboto: Man vs. Machine
Mark Hasenauer, MD, MedStar Union Memorial
- 2:00 pm – 2:10 pm Preferred Vendor Contracts: Savings at What Cost?
Speaker TBD
- 2:10 pm – 2:20 pm Questions/Discussion
- 2:20 pm – 2:40 pm ***Break with Exhibitors***

Session 8 – Resident/Fellow Presentations

Moderators: Daneil Song, MD, *Walter Reed National Military Medical Center*
Philip McClure, MD, *Lifebridge Health*

- 2:40 pm – 2:43 pm 114 - Hospital Bed Capacity Influences Patient Charges in Outpatient RA-TKA
Zhongming Chen, MD, Rubin Institute for Advanced Orthopedics
- 2:43 pm – 2:46 pm 37 - Short and Mid-Term Outcomes for Endoscopic vs. Conventional Umbar Microdisectomy
Linus Lee, MD, MedStar Georgetown University Hospital
- 2:46 pm – 2:49 pm 75 - Met Expectations and Satisfaction Two Years after Total Shoulder Arthroplasty
Luke Pitsenbarger, MD, University of Maryland School of Medicine
- 2:49 pm – 2:52 pm 191 - Mised Opportunity after Hip Fracture: Consequences of Not Initiating Osteoporosis Treatment
Gabrielle N. Swartz, DO, Rubin Institute for Advanced Orthopedics, Lifebridge Health, Sinai Hospital
- 2:52 pm – 2:55 pm 41 - Sleep Disorders and Patient-Reported Outcomes after Anterior Cruciate Ligament Surgery
Janse Schermerhorn, MD, Walter Reed National Military Medical Center
- 2:55 pm – 2:58 pm 197 - Defining the Maltracking Pattern and Pathoanatomy of the Jumping J-Sign
Frederick Mun, MD, The Johns Hopkins Hospital
- 2:58 pm – 3:01 pm 3 - PLIF and TLIF Have Lower Revision Rates than PLF in Patients with Degenerative Lumbar Spondylolisthesis
Theodore Quan, MD, George Washington University
- 3:01 pm – 3:04 pm 90 - Associations between Lesion Depth and Anatomic Location in Upper Extremity Sarcomas
Morgan Sisk, MD, MedStar Union Memorial Hospital

3:04 pm – 3:20 pm Questions/Discussion

Session 9 – Emerging Topics

Moderator: Frank Henn, MD, *University of Maryland*

3:20 pm – 3:30 pm AI Scribing
Amiethab Aiyer, MD, Johns Hopkins University

3:30 pm – 3:40 pm Restrictive Covenants in Maryland
Gary Pushkin, MD, Baltimore, MD

3:40 pm – 3:50 pm Private Equity vs. Coalition Private Practice
Nicholas Grosso, MD, The Centers for Advanced Orthopaedics

3:50 pm – 4:00 pm Discussion

Session 10 – MOA Resident Bowl

Moderator: John V. Ingari, MD, *Lifebridge Health*

4:00 pm – 5:00 pm Invited Teams:
Walter Reed National Military Medical Center
Johns Hopkins
University of Maryland
Union Memorial
Lifebridge
George Washington University

5:00 pm Closing Remarks/Awards Presentations